



# **St. Joseph College of Arts & Commerce, Satpala**

**GYMKHANA COMMITTEE**

# Objectives

- To motivate students to become part of the ongoing recreational and competitive sports programme in college as well as outside.
- To inform the students about the benefits of being involved in an active lifestyle.
- To involve faculty members to assist the sports event.

# Standard Operating Process

The college has appointed sports instructor for conducting sports events.

The sports are conducted in academic year.

The college is organizing indoor as well as outdoor games for academic year.

It includes games like chess, carrom, table tennis, badminton, kho-kho, kabaddi, cricket, volleyball, tough of war etc.

There is no gender discrimination- the games are placed for both boys and girls.

Students are encouraged to participate in intercollegiate/ university level.

The sports day has been arranged every year to award the students and to encourage them.

# Committee Members

**Sports Incharge:** Asst. Prof. Sabina Correia

**Sports Committee Members-**

- Asst. Prof. Prasad Dabre
- Asst. Prof. Stavina Dodti
- Mr. Alwyn Dias

# Overview

- The Gymkhana is on the Ground Floor attached to the Main Building. The total area of Gymkhana is 210 sq. mtr.
- The playground is available in college campus and total area of playground is 1640 sq. mtr.
- We have games like Chess, Table Tennis, Carrom, Snooker which are held in Gymkhana and ground is available for students to play Badminton, Volleyball, Kabaddi, Kho-Kho, Cricket and other games.
- Both boys and girls are given facilities to play in gymkhana during college time.
- A daily record is maintained in the student's register of those who attend the gymkhana and participate in sports activity.

## Cont...

- We urge students to come and participate in all sports activities of our Gymkhana.
- We also conduct a sports event in December for students, Teaching staff and Non-Teaching Staff who participate in large numbers.
- Special Allowances are given to students who participate at the Intercollege, University, District level. The University of Mumbai gives 10 Grace marks to students who reached the First 8 position in individual and team championships.
- A sports Day is conducted every year to honour winners in different sports.

# Sports Day

The sports day is conducted every year.



# Photos



# Photos



# Outcomes

It reduce anxiety.

Students actively participate in sports.

It helped to improve cognitive skill.

## **Future Plans**

To increase students involvement in sports and to develop sportsmanship skill.  
Students participation at intercollegiate, University and District level.

**THANK YOU!!**

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