



Dnyandeep Mandal's
ST. JOSEPH COLLEGE OF ARTS & COMMERCE
Satpala, Post- Agashi, Virar (W).
Tal- Vasai, Dist- Palghar -401301
Reaccredited by NAAC – 'B' Grade
{Affiliated to University of Mumbai}

Personality development and personal hygiene.

Date: - July 15, 2024

Time: - 10:00 a.m. to 11:00 a.m.

Venue: F.Y.B.COM CLASS

Key speaker: Mrs. Vinetha Pendry

Objectives: - To empower the participants to present themselves effectively in social and professional settings as well as maintain their physical health and well- being.

On 15th July 2024 a seminar was conducted for all the girl students on the topic Personality development and personal hygiene.

Resource person Mrs. Vinetha Pendry had an interaction with all the girls on how to maintain and build up ones' personality. In her session she educated the students on period management and personal hygiene. During menstruation. She gave tips on how to keep your body fit and sterile at the time of periods to avoid pain and illness. She also gave tips on how to face interviews confidently.

She gave a presentation explaining all her points well, she showed a video enhancing the presentation.

More than 70 girls and all the female staff members were present for this Seminar.

The main objective of conducting the session was to create an understanding and promote self-awareness and self-care and encourage participants to take ownership of their health and well-being.

There was a question & answer session conducted where many participants asked questions and clarified their queries.

In the end of this session all the girls were distributed with hampers and E-certificates.

We extend our sincere gratitude to the management, Principal, Vice-Principal, WDC & ICC Cell & Self -Finance Co-ordinator for their unwavering support and encouragement for organizing this seminar.

V.M. Tuscano

Dr. Vandana Tuscano

(WDC Incharge)



Kavita Almeida

Dr. Kavita Almeida

(I/C Principal)

PRINCIPAL
St. Joseph College
of Arts & Commerce
Satpala-Rajodi Road,
Virar (W) 401 301



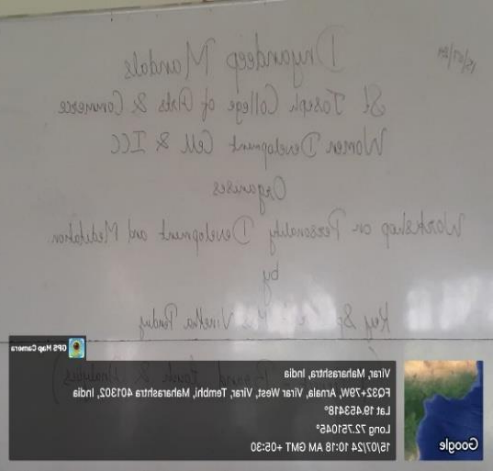
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Report on free Medical Checkup Camp .

Date: - September20, 2024

Time: - 9:00 a.m to 11:30 a.m.

Venue: Auditorium

Objectives: - Providing an opportunity to women to identify cases of anaemia, educate them about its causes, symptoms and preventing of severe conditions developing in the future.

The guests and dignitaries present for this camp were welcomed and introduced by V.P

Dr. Subhash Dsouza Sir.

Around 100 women registered and took the benefit of this free medical checkup camp.

During the inaugural ceremony of this event Nandakhal junior college Principal Rev.Fr.Joe Almeida educated the masses that how women need to be serious regarding their health and take care of it.

Adding to which Dnyandeep Mandal's secretary Mr.Andrew Lopes congratulated the WDC team for arranging such a highly needed medical camp.

The I/C Principal of the college Dr.Kavita Almeida said that to maintain a good health such kind of medical camps need to be arranged frequently.

The secretary of Lions club Agashi Mr.Joe D'mello said that many kinds of social welfare programs are frequently conducted by the club.

The anchoring and vote of thanks was presented by WDC incharge Dr.Vandana Tuscano madam.

V. Tuscano

Dr. Vandana Tuscano

W D C Incharge



Kavita Almeida

Dr.Kavita Almeida

(I/C Principal)

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Superstition Eradication and Women

Date: - 3rd January 2025

Time: - 10:00 a.m.

Venue: Seminar Hall

Objective: To promoting women's education.

To Eradicating Superstition.

To empowering women.

On 3rd January 2025 a seminar was conducted for all the girl students on the topic Superstition Eradication and Women on the Occasion of Savitribai Phule's Birth Anniversary.

The event began with a thought-provoking introduction by Dr. Vandana Tuscano, who highlighted the significance of Savitribai Phule's contributions to women's empowerment and education.

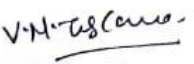
Principal Dr. Kavita Almeida extended her best wishes, emphasizing the importance of women's empowerment and the need to eliminate gender discrimination. She encouraged students to strive for a society where women are treated with dignity and respect.

Vice-Principal Dr. Subhash Dsouza focused on the health issues faced by women, emphasizing the need for awareness and education. He suggested organizing workshops and seminars to address women's problems and promote their well-being.


The event featured a vibrant cultural program, where students participated in role plays, poems, and speeches that showcased the life and legacy of Savitribai Phule. The performances were beautifully executed, and the students' enthusiasm and dedication to the cause were evident.

Total 42 girls' students participated in the seminar.

Advocate Stevina Tuscano delivered the vote of thanks.


Dr. Vandana Tuscano
(WDC Incharge)




Dr. Kavita Almeida
(I/C Principal)
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Virar (W) 401 301



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Report on Haldi Kunku Programme

Date: 30th January 2025

Organized by: Women Development Cell (WDC)

The Women Development Cell (WDC) of our institution successfully organized the Haldi Kunku Programme on 30th January 2025 to celebrate womanhood and promote women's empowerment.

The event commenced with a warm welcome and introduction of the guests by Dr. Vandana Tuscano, WDC In-charge.

Vice-Principal addressed the gathering, sharing inspiring examples of women from the Holy Bible. He encouraged women to prioritize their well-being and undergo regular health check-ups.

In-charge Principal Dr. Kavita Almeida highlighted the invaluable roles of women as mothers, sisters, daughters and wives. She expressed gratitude towards Savitribai Phule for her contributions to women's education, which paved the way for their empowerment.

The Chief Guest, Mrs. Asha Bhosle (mother of Varsha, SYBCOM), spoke about the significance of the Haldi Kunku tradition and its role in fostering unity among women. She emphasized the need to respect and empower women in all aspects of life.

Advocate Stevina Tuscano enlightened the audience about women's rights and explained various laws protecting women, ensuring they are aware of their legal rights and the support available to them.

To add a fun element to the event, games were organized for women, followed by the distribution of gifts, making the occasion even more special.

The event was efficiently anchored by Sakshi More (FYBA), while the vote of thanks was delivered by Vaishnavi Patil (FYBA), expressing gratitude to all dignitaries, participants, and organizers.

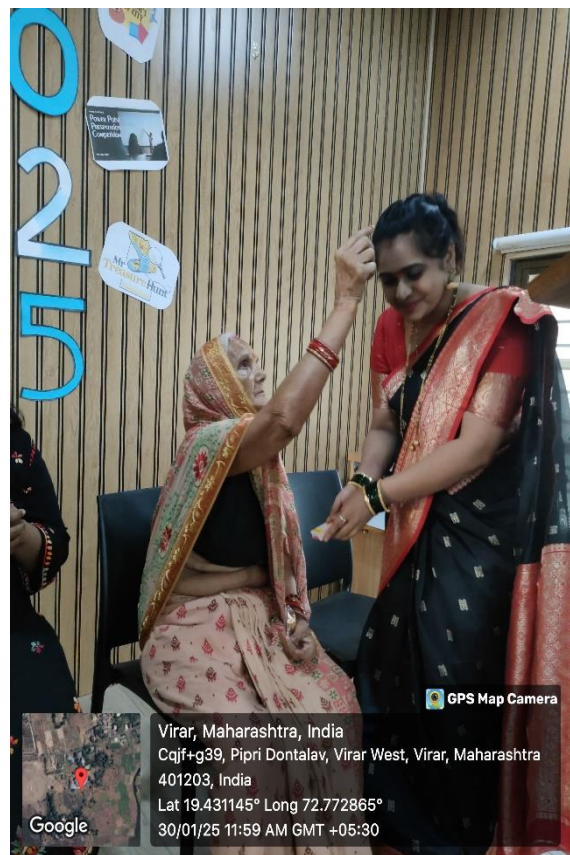
The Haldi Kunku Programme was a memorable and insightful celebration, reinforcing the importance of women's health, rights, and empowerment, while also honoring traditions.

V.N. Tuscano,
Dr. Vandana Tuscano
(WDC Incharge)



Kavita Almeida
Dr. Kavita Almeida
(I/C Principal)

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Report on ICC Workshop on Sexual Harassment

Date: - 28 February 2025

Time: - 12.00 a.m.

Venue: Seminar Hall

Objectives:

1. To create awareness about the Act on Sexual Harassment at the Workplace and its legal provisions.
2. To provide clarity on the procedures for filing and handling complaints through ICC.

Highlights:

An Internal Complaints Committee (ICC) Workshop on Sexual Harassment was conducted at Dnyandeep Mandals St. Joseph College of Arts and Commerce, Satpala, to create awareness about workplace harassment laws and procedures. The session was anchored by Dr. Vandana Tuscano and featured esteemed guest speaker Adv. Vidya Patil.

Dignitaries Present:

- Dr. Kavita Almeida, Principal
- Dr. Subhash D'Souza, Vice Principal & IQAC Coordinator
- Dr. Deepa Lopes, Self-Finance Coordinator
- Mr. William Rodrigues, Office Superintendent

Session Overview

Dr. Kavita Almeida welcomed the gathering and highlighted the significance of addressing sexual harassment in workplaces. Adv. Vidya Patil then provided a detailed explanation of the Act on Sexual Harassment at the Workplace, its objectives, and legal provisions.



To promote interactive learning, five groups were assigned different questions related to the Act. Each group presented their question, followed by an in-depth explanation from Adv. Vidya Patil.

- the Act formed & what are its objectives

-sexual harassment & its features

-IC and LC, their responsibilities, and structure the process and procedure followed by the Internal Committee (IC)the -implications of false complaints

Total 25 staff was present for session

The session was highly informative, offering clarity on workplace harassment laws,

The workshop concluded with a vote of thanks delivered by Adv. Stevina Tuscano, expressing gratitude to Adv. Vidya Patil, the college management, and all participants for their active engagement in the session.

This workshop played a crucial role in fostering awareness and ensuring a safe and informed workplace environment.

Outcome:

1. Participants gained a clear understanding of workplace harassment laws and their significance.
2. The interactive format enabled participants to actively engage and seek clarifications.

V. H. Tuscano

Dr. Vandana Tuscano

(ICC Incharge)



K. Kavita Almeida

Dr. Kavita Almeida

(I/C Principal)

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St. Joseph College
of Arts & Commerce
Satpala-Rajodl Road,
Vikar (W) 401 301

